



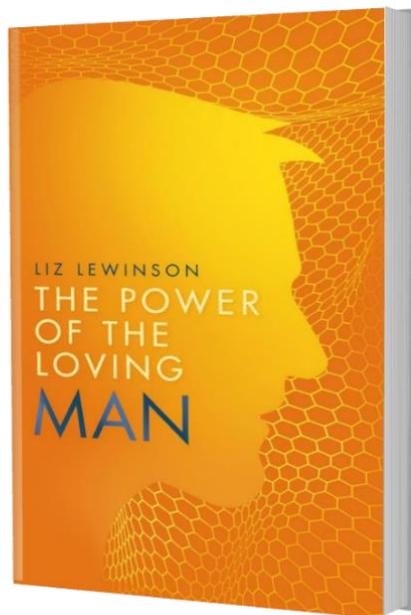
## FOR IMMEDIATE RELEASE

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## Award-winning Author Liz Lewinson Tells Men to Be Loving, Gain Power



Sausalito, CA — March 11, 2020 — Renowned author Liz Lewinson announces the release of her third book, “The Power of the Loving Man.” Published by Skye Pearl, this change-inspiring title will be available wherever books are sold beginning March 17, 2020.

**“The world is in crisis because male and female roles are critically reversed,”** says Lewinson. The desperate need for male and female self-understanding and role changes are what prompted the author to write “The Power of the Loving Man.”

A limited perception frames masculinity as being hard, closed off and unemotional. The result of this embedded but ill-advised notion is the repression of male loving kindness, which ultimately destroys male hopes for happiness and fulfillment.

Male power is based on far reaching love and kindness. It is achieved through stripping away a range of unbalanced conditioning. In “The Power of the Loving Man,” Lewinson leads readers through the shedding process.

“The Power of the Loving Man” is Lewinson’s follow up to her second book, “Women, Meditation, and Power.” Her humanist perspective and studies in Buddhism offer an enlightened understanding of the powerful energy possessed by both women and men, which manifests in different ways.

Much needed change begins with understanding male and female power in new ways. The very essence of a man is loving kindness – and that is an incredible thing that should be celebrated. Lewinson uses “The Power of the Loving Man” to guide male readers through the source of the confusion and learn new ways to bring more expansive love into their life. By understanding the power of women and their own deep loving kindness, men can heal their relationships and re-balance their world.

**“Liz dives deeper into the main issue underlying gender inequality and the violence we witness in ourselves and in the world: energetic role reversal,”** said Jenna Sundell, founder of Dharma Center in San Diego. **“While women own their power to enact change, men can recognize the strength and power of love to support those changes.”**

ABOUT THE AUTHOR: Liz Lewinson is Vice President and Treasurer of the Frederick P. Lenz Foundation for American Buddhism, the largest Buddhist grant-giving organization based in the United States. She leads the grant category titled "Women in Buddhism."

She is the author of three books. “American Buddhist Rebel: The Story of Rama - Dr. Frederick Lenz”, “Women, Meditation and Power” and “Power of the Loving Man”.

In technology, she is an Agile-trained teacher and facilitator. She has conducted strategic planning for some of the largest companies and governmental agencies in the world; led complex, multi-million dollar projects/programs in information technology and business process improvement. In the communications field, she has created and executed communications plans that build, motivate and galvanize constituencies.

In P.R. and marketing, her clients included Tri-Star Television; Stephen J. Cannell Productions (“21 Jump Street,” “Hunter,” “Wiseguy”); Carson Productions. “The Tonight Show Starring Johnny Carson;” Faberge; Hanna Barbera and others. Since 1990, she has free-lanced as a PR/Marketing consultant for a number of clients.

As a freelance journalist, she published her work in the Los Angeles Times, the New York Times Features Syndicate and numerous magazines. She was a contributing editor to PC AI (Artificial Intelligence) Magazine.

Lewinson is currently focused on creating powerful and meaningful global communications through books, film, and other media as well as offering workshops on “The Power of the Loving Man.”

“The Power of the Loving Man” will be released on March 17, 2020 by Skye Pearl Publishing ISBN: 978-0989889964, \$12.99

To contact Liz Lewinson and learn more about her books, please visit [www.LizLewinson.com](http://www.LizLewinson.com).

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